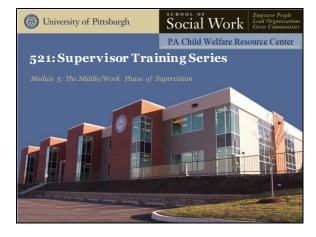


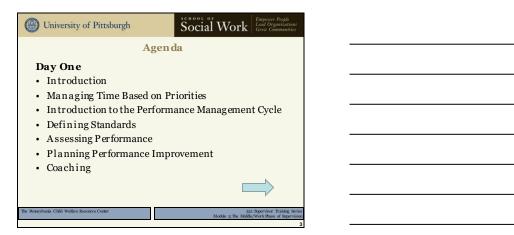


The Pennsylvania Child Welfare Resource Center



The Supervision Training Series • The Preparatory and Beginning Phases of Child Welfare Supervision • Living the Mission of Child Welfare • The Middle/Work Phase of Supervision • Managing Diversity • Endings and Transitions/Managing Staff Retention, Satisfaction, and Separation

Social Work

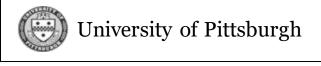


The Pennsylvania Child Welfare Resource Center

University of Pittsburgh

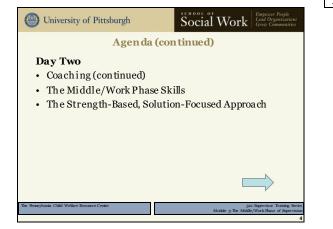
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 1 of 47



SCHOOLOF	•
Social	Work

The Pennsylvania Child Welfare Resource Center

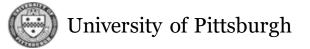


O University of Pittsburgh	Social Work	Lead Organizations Graw Communities
Agen da (co	n tinued)	
 Day Three Reflective Supervision Supporting Critical Thinkin The Teacher and Learner 	g	
		\Rightarrow
The Pennsylvania Child Welfare Resource Center		1: Supervisor Training Series e/Work Phase of Supervision 5

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 2 of 47



(University of Pittsburgh

Social Work

Learning Objectives

- Participants will be able to:
- · Describe organizational and time management methods to balance multiple priorities;
- · Identify the steps in the Performance Management Cycle;
- · Recognize methods to assess, support and enhance staff's commitment, confidence and competence;
- · Discuss the importance of coaching when learning a new skill;
- Identify skills to provide culturally specific feedback to supervisees;

Social Work

O University of Pittsburgh

Learning Objectives (continued)

Participants will be able to:

- Discuss the Interaction al Helping Skills used in the Middle/Work Phase;
- · Identify the seven key strategies and associated skills from the Solution-Focused approach.
- Explain the importance of using reflective supervision techniques;
- Explain the supervisor's role in the learning cycle;

🛞 University of Pittsburgh Social Work Learning Objectives (continued) · Identify supervisor pre- and post training techniques that facilitate the transfer of learning process; Recognize the structure of "Foundations" as a strength-based, solution-focused method of training new Child Welfare Professionals; · Recognize their supervisory responsibility to support and mentor new Child Welfare Profession als who are attending "Foundations"; and • Identify the steps in a performance evaluation.

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 3 of 47

Social Work The Pennsylvania Child Welfare Resource Center

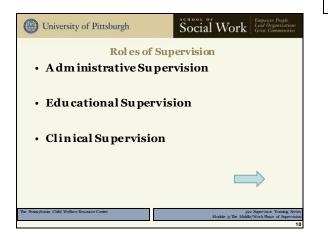
SCHOOL OF

Empower People

Lead Organizations

Grow Communities

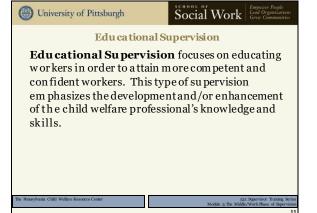




schoolof Social Work

Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

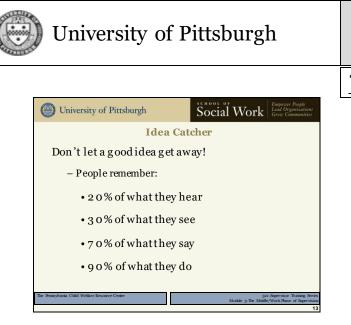


University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
Clinical	Supervision	
Clinical supervision focus: with children and families. Go supportive, nurturing, and m attain a high level of perform competencies, including reinf and v alues, encouraging self- sk ills, and supporting the wor making and crises.	ood clinical supervision is otivating in helping work ance. It is critical to build orcing positive social wo reflection and critical thin	s ersto ing worker rk ethics nking
In clinical supervision , a s reflect on the skills used and t family in assessing, planning,	theory applied by the wor	ker with a
change. (Child Information Ga		1: Supervisor Training Series
		e/Work Phase of Supervision 12

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

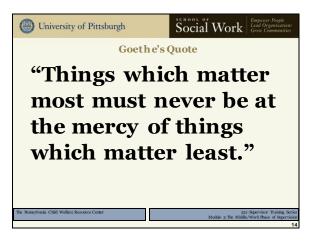
Handout #1, 4 of 47

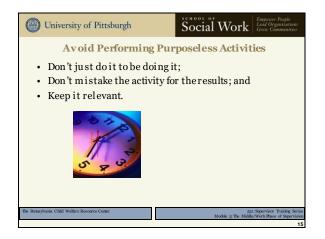


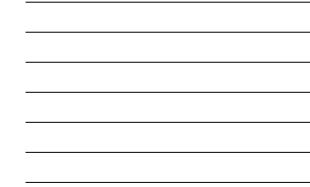
The Pennsylvania Child Welfare Resource Center

SCHOOL OF

Social Work



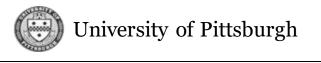




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 5 of 47



University	of Pittsburgh	School of Social Work Empower People Lead Organizations Grow Communities
	The Urgeno	y Index
• 0-25	low urgency mine	lset
• 26-45	strong urgency m	ind-set
• 46+	urgency addiction	1
First Things		vith permission of Franklin Covey from Roger Merrill, and Rebecca R. Merrill,
The Pennsylvania Child Welfare R	esource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 16



The Pennsylvania Child Welfare Resource Center

🛞 University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
Don't prioritize but instead sch priorities.	•	lule,
(Covey, 1994)		
The Pennsylvania Child Welfare Resource Center		t: Supervisor Training Series /Work Phase of Supervision 17

C	Univers	ity of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
		High Performance	e and Typical
		Urgent	Not Urgent
	Important	I 20-25% 25-30%	II 65-80% 15%
	Not Important	III 15% 50-60%	IV Less than 1% 2-3%
The P	ennsylvania Child We	lfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 18



 $Th\,e\,Pennsylvania\,Child\,Welfare\,Resource\,Center$

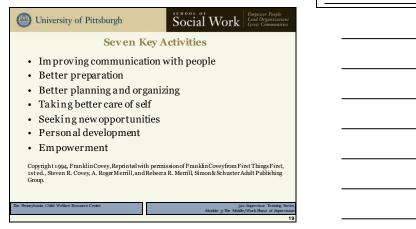
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

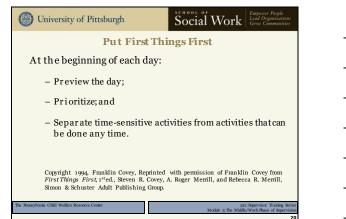
Handout #1, 6 of 47

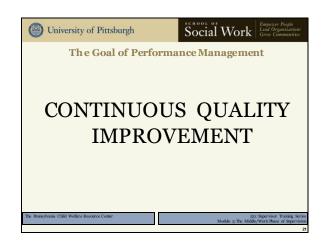


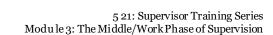
SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center







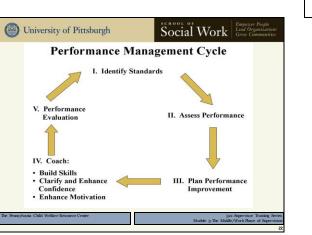


 $Th\,e\,Penn\,sylvania\,Child\,Welfare\,Re\,sour\,ce\,\,Center$

Handout #1, 7 of 47







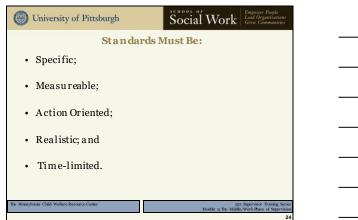
The Pennsylvania Child Welfare Resource Center

C University of Pittsburgh	Social Work	Lead Organizations Grow Communities
Points on Clarifyin	ng Expectation	15
Never assume expectations	are clear;	
• Everyone needs to take resp expectations while being cu		
• Statements must be clear, s	specific and mea	surable;
• Listen to staff's ideas, negot support of staff's actions.	tiate the final st	andard, and
Always contract with emplo	wees to give and	1 receive

SCHOOL OF

1000

 Al ways con tract with employees to give and receive feedback when they are first hired. This con tract should be renegotiated regularly to encourage honest and open communication.

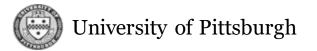




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 8 of 47



SCHOOLOF	
Social	Wor

k

The Pennsylvania Child Welfare Resource Center

Empower People Lead Organizations Grow Communities

🛞 University of Pittsburgh

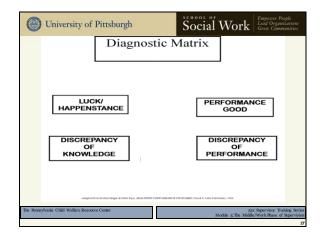
GroupInstructions

• Identify one standard that serves as the best example of a well-written standard.

Social Work Lead O

- Identify one standard that caused the group the greatest challenge to refine.
- Record on flip chart papers the two standards.

O University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
Typical Causes of Pe	rformance Gap	5
• Lack of competence;		
• Lack of confidence; and		
• Lack of commitment.		
The Persovbasia Child Wollere Resource Center		1: Supervisor Training Series





The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

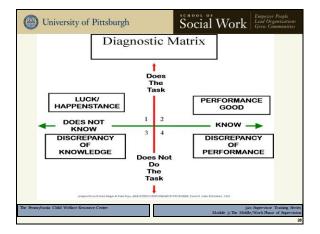
Handout #1, 9 of 47

Oniversity of Pittsburgh

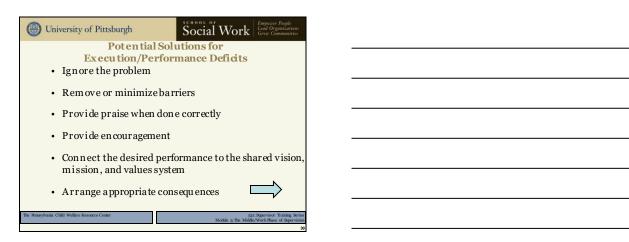


Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



Unive	ersity of Pittsburgh	Social Work
P	ot en tial Solutions	for Knowledge Deficits
• I	gnore the problem	
• 1	Fraining and transfe	r of learning activities
• A	Additional practice a	nd feedback
• (Change the job	
• I	n formal on-the-job	training
• 1	Mentor	
• 1	Fransfer or terminat	ion
Pennsylvania Child	Welfare Resource Center	521: Sapervisor Training Series Module 3: The Middle/Work Phase of Supervision
sylvania Child	Welfare Resource Center	(21: Supervisor Training Series Modale ≿ The Midde//Work Base of Supervision 29



The Pennsylvania Child Welfare Resource Center

0

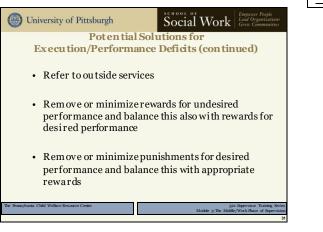
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

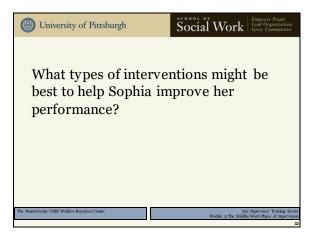
Handout #1, 10 of 47



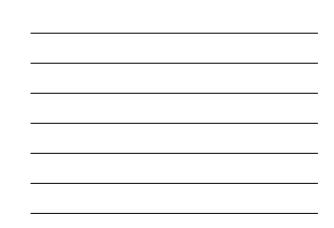
SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center





O University of Pittsburgh	Social Work Empower People Lead Organizationi Grew Communities	
What is Coaching?		
Coaching is an interven impact of performance of skills, knowledge, an also be used to enhance already satisfactory.	problems due to lack d motivation. It may	
(Seymour, 1994) The Pennylvania Child Welfare Resource Center	501: Sepervisor Training Series Models or The Middle (Work Boso of Semension	
	541:Supervisor Training Se Module 3: The Middle/Work Huse of Supervi	



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 11 of 47



In coaching, on e person improves the

performance of another by:

• questioning,

What is Coaching (continued)?

SCHOOLOF	
Social V	Work

Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

 collaborative goal setting, 		
• sy stematic observation, and		
• m ot ivational and constructive feedback, and positive guidance.		
(Seymour, 1994) The Pennylvania Child Welfare Resource Center Mo	521: Supervisor Training Series hale 3: The Middle/Work Phase of Supervision 34	
SCHOOL OF	Empower People	
University of Pittsburgh Social V	Work	
Brainstorm a list of charac of an effective coach.	teristics	

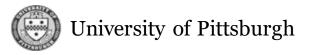
Iniversity of Pittsburgh	Social Work Emparter People Lead Organizations Gree Communities
What is a	a Coach?
A person who is respon other people to winnin continual process of di strengths and weakness information, resourcess understanding to those	ng results through a scovering individual's sses and matching s, advice, and
(Seymour, 1994) The Iveneylvania Child Welliare Resource Center	521: Supervisor Training Series Modale of The Middle/Work Huate of Supervision



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

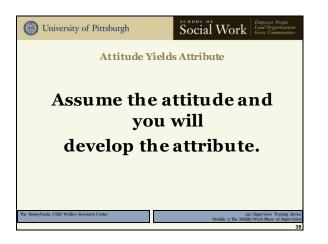
Handout #1, 12 of 47



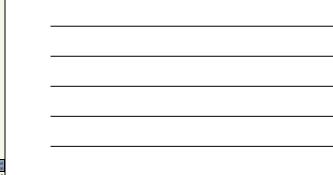


The Pennsylvania Child Welfare Resource Center

🛞 University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communitier	
An Effective Coach is		
 Positive; 	 Goal-oriented; 	
• Enthusiastic;	• Observant;	
• Supportive;	• Respectful;	
• Trusting;	• Patient;	
• Focused;	• Clear; and	
	• Assertive.	
The Penneylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Midde/Work Plause of Supervision 37	



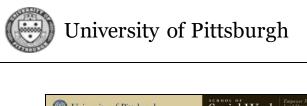
	Steps to Effective Coaching	
Step 1:	Name the purpose or challenge and describe the desired outcome	
Step 2:	Assess/Brainstorm possible approaches	
Step 3:	Dev elop a plan of a ction	
Step 4:	Set deadlines	
Step 5:	Establish standards/criteria for ev aluation	
Step 6:	Fa cilitate a ction	
Step 7:	Follow through	



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

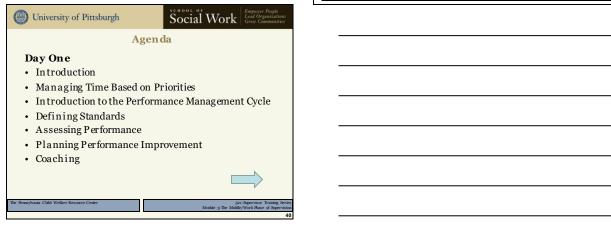
Handout #1, 13 of 47



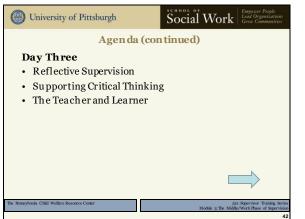
SCHOOL OF Social Work

Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



🛞 University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
Agenda	(continued)
 Day Two Coaching (continued) The Middle/Work Phase The Strength-Based, Sol 	
The Penneylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Plase of Supervision 41





The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 14 of 47



SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

O University of Pittsburgh

Agen da (con tinued)

Social Work Grow G

Day Four

- Putting it All Together
- Transfer of Learning
- + In troduction to Foundations of Child Welfare Practice
- Performance Evaluations
- Transferring of Learning and Evaluation

University of	of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
	Steps to Effectiv	ve Coa ching	
Step 1:	Name the purpose or challenge and describe the desired outcome		
Step 2 :	A ssess/Brainstorm possible approaches		
Step 3:	Dev elop a plan	of a ction	
Step 4:	p 4: Set deadlines		
Step 5: Establish standards/criteria for ev aluation			
Step 6: Facilitateaction			
Step 7:	Follow through		
The Pennsylvania Child Welfare Res	source Center		n: Supervisor Training Series le/Work Phase of Supervision

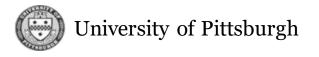
O University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communisies
Environmental Benefits of Coaching		
Fosters productive working relation ships;		
• Provides opportunities for conveying appreciation;		
• Fosters self-coaching behaviors; and		
• Improves employee performance and morale.		
(Cook, 1999)		
The Pennsylvania Child Welfare Resource Center		Supervisor Training Series Work Physics of Supervision

45

The Pennsylvania Child Welfare Resource Center

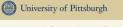
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 15 of 47



SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center



Social Work Grow C

Considerations for Coaching Employees with Disabilities

- Coach regularly.
- Make training materials, activities, facilities and instructions are accessible
- $\bullet \quad A dapt your on e-on-one \ coaching \ technique.$
- Give effective feedback.
- $\bullet \ \ {\rm Provide\ profession\ al\ development\ opportunities.}$
- Determine necessary accommodations.
- Assign a peer coach.

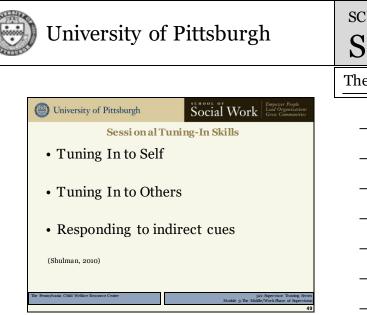
luiversity of Pittsburgh	Social Work Empower People Lead Organizations Grave Communities
Two Focus Areas in In	dividual Supervision
Worker profession development	ional
• Case supervision	n.
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 47

O University of Pittsburgh	Social Work Empower People Card Organizations Grew Communities
Supervisory Conferences: H	Iow Often?
• Difficulty of the specific stan	dards assigned;
How structured or unstructured is the work environment;	
• Number of alternatives, or how repetitious or how different each time is the policy application; and	
• The combined degree of emp confidence and commitment	
The Pennylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 48

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

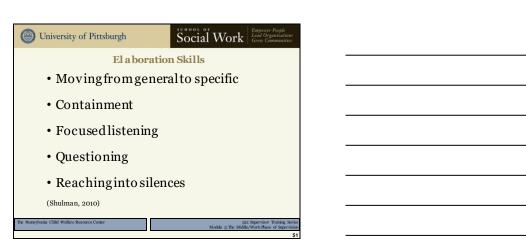
Handout #1, 16 of 47



SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center

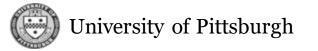
O University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
Sessi on al Cont	tractingSkills
• Preparing of a gendas for or group meeting	r individual conference
• In quire what the staff w	ould like to discuss
• Allowing staff to voice co of the session prevents t	0 0
(Shulman, 2010)	



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 17 of 47





The Pennsylvania Child Welfare Resource Center

0	University of Pittsburgh	
---	--------------------------	--

Focused Listening

- What part of Fred's message would be your focus?
- What would you do or say next?

O University of Pittsburgh	Social Work Empower People Lead Organizations Grav Communities
Sources of Job Re	elated Tension
Administrative pressures	
• Educational supervision chapositions	allenges to long h eld
• The supervisor-supervisee r	elationship
• Client relation ship pressure	s
• The nature and context of the	ne task
(Kadushin, 1992)	

O University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities	
Empa	thy Skills	-
Reaching for feelings		_
• Acknowledging feelings		_
• Articulating workers' fee	elings	_
		_
		-
(Shulman, 2010)		
		-
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision	
	54	-



The Pennsylvania Child Welfare Resource Center

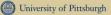
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 18 of 47



SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center

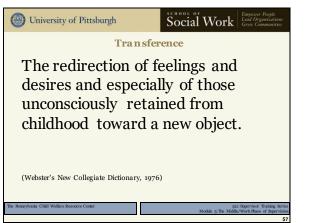


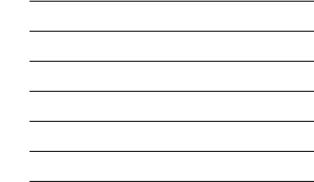
Social Work

- Barriers to Using Empathy Skills
- It requires that supervisors to be in touch with their own feelings;
- The feeling that it is unprofession al to have close relation ships with their staff;
- The belief that empathy should be reserved for therapy; and
- A lack of clarity about their function and purpose of supervision.

(Shulman, 2010)

O University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
Skills in Sharing	own Feelings
 Showing vulnerab 	oility
• Showing anger	
(Shulman, 2010)	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 2: The Middle Work Phase of Supervision





The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 19 of 47

University of Pittsburgh

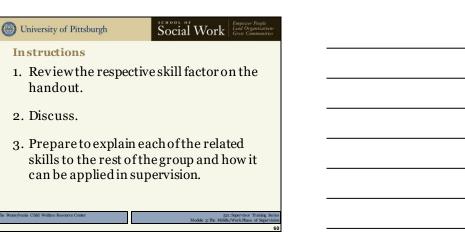
liniversity of Pittsburgh	Social Work Empower People. Lead Organization Grave Communitie
Counter	-transference
The projection unresolved con client.	
(Webster's New Collegiate Dictionary	7, 1976)
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Se Module 3: The Middle/Work Phase of Superv

SCHOOLOF Social Work

Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

University of Pittsburgh	Social Work
Counter-transfere	nce in Our Work
• What instances of counter-transference have you already been able to identify in work with your staff?	
• How it was that they these feelings?	became aware of



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 20 of 47



Skills in Making a Demand for Work

- Facilitative confrontation
- Partializing the worker's concerns
- Holding to focus
- Checking for underlying ambivalence
- Challenging the illusion of work

(Shulman, 2012)

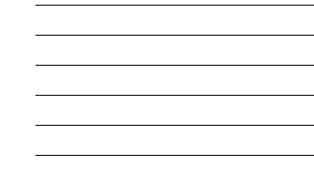


Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

🛞 University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
Skills in Pointing	Out Obstades
 Exploring taboo are 	eas
• Dealing with the au	thority theme
(Shulman, 2012)	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 62

University of Pittsburgh	Social Work Empower People Lead Organizations Grew Communities
Skills in	Sharing Data
• Providing releva	nt data
0	
Monitoring the left	earning process
Presenting data : challenge	in a way open to
(Shulman, 2012)	
Pennsylvania Child Welfare Resource Center	521: Sepervice Training Series Module 3: The Middle/Work Plane of Supervision 63



The Pennsylvania Child Welfare Resource Center

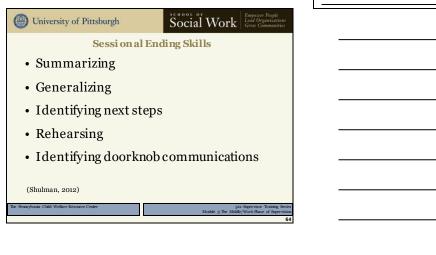
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 21 of 47

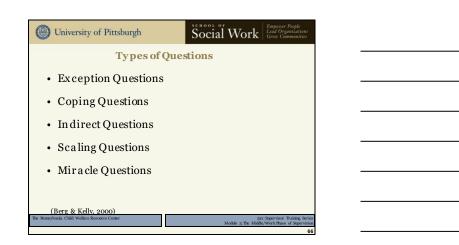


SCHOOLOI	F
Social	Wor

The Pennsylvania Child Welfare Resource Center



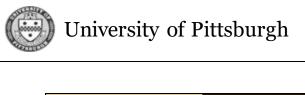
🛞 University of Pittsburgh	Social Work Empower People Lead Organizations Graw Communities
How is the Strength-Ba Approach	
 The modeling of it by supe worker levels (parallel provision of the future and me strengths; 	ess) promotes a positive
• The questions provide info com peten cy level; and	rmation about the worker's
• It promotes a sense of part responsibility for a worker	nership and mutual s profession al development.
The Pennsylvania Child Welfare Resource Center	ga::Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 65



The Pennsylvania Child Welfare Resource Center

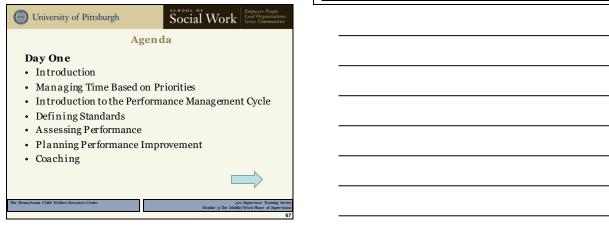
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 22 of 47

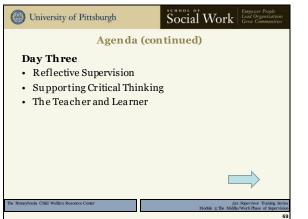


SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



O University of Pittsburgh	Social Work
Agenda (co	ntinued)
 Day Two Coaching (continued) The Middle/Work Phase Sk The Strength-Based, Solution 	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Plase of Supervision 68

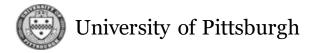




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 23 of 47



SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

O University of Pittsburgh

Agenda (continued)

Social Work Grew

Day Four

- Putting it All Together
- Transfer of Learning
- + In troduction to Foundations of Child Welfare Practice
- Performance Evaluations
- Transferring of Learning and Evaluation

🛞 University of Pittsburgh	Social Work Empower People Lead Organizations Grave Communities
Reflective Su	pervision
A collaborative relations growth that improves pr practice by cherishing st partnering around vulne generate growth.	ogram quality and trengths and
(Shahmoon-Shanok, 2009)	
The Pennsylvania Child Welfare Resource Center	gat:Supervisor Training Series Module 3:The Middle/Work Hase of Supervision 71

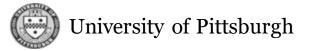
Our University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
Ref	lection	
Stepping back from the immediate experience to sort through thoughts and feelings about what one is		
observing and doir	ng with children	and
families.		
(Fenichel, 1992)		
<u>Nova scienceNOW Mirror</u>	Neuron s	
The Pennsylvania Child Welfare Resource Center		Supervisor Training Series (Work Phase of Supervision



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 24 of 47



SCHOOL OF	
Social	Work

The Pennsylvania Child Welfare Resource Center

University of Pittsburgh	
entreroney or crecoourgin	

Prevalence of Secondary Trauma in Our Work

Social Work

- 55% of child welfare professionals have at least one core symptom clusters (group of symptoms) of Post-Traumatic Stress Disorder (PTSD)
- Almost 16% of workers meet the criteria for PTSD.

(Bride, 2007)

University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
What Does the Word	"Trauma" Mean?
• The Greek word for "wound	**
• An injury (as a wound) to liv extrinsic agent.	ring tissue caused by an
• A disordered psychic or behavior severe mental or emotional severe mental severe mental or emotional severe mental sev	8
(Merriam-Webster, 2012)	

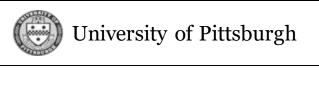


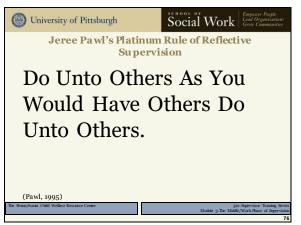


The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

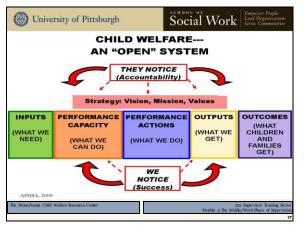
Handout #1, 25 of 47

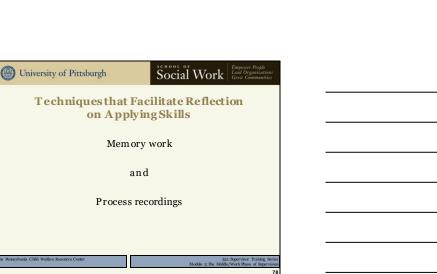




SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

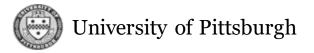




5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1 26 of /

The Pennsylvania Child Welfare Resource Center



O University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
Shulman's	s Quote
"It is not possible to develop p with clients or supervision of s means of examining the detail	staff without some on going
The Permybrasia Child Weltare Resource Center	ga::Supervisor Training Series Module :3:The Middle/Work Planse of Supervisor 79

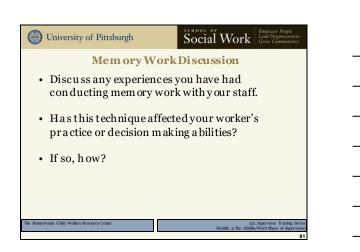


The Pennsylvania Child Welfare Resource Center

O University of Pittsburgh	Social Work Empower People Leid Organizations Grow Communisier
Memory	y Work
• What happened?	
• How did you feel	when she said
that?	

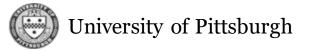
• What did you say back?

The Pennsylvania Child Welfare Resource Center



5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 27 of 47



SCHOOLOF	
Social	Work

University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities

- What is Process Recording?
- It involves creating a written record of an interview including:
 - All verbal and non-verbal communication;
 - The child welfare professional's feelings throughout the interview; and
 - Supervisor's constructive and motivational feedback.

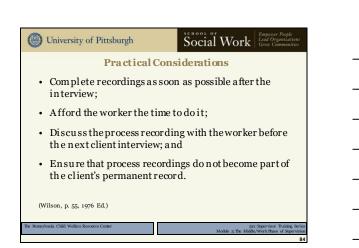
The Pennsylvania Child Welfare Resource Center

O University of Pittsburgh

Process Recording Questions

Social Work

- Can you see yourself using process recordings as a supervisor?
- What might be the benefits to using process recordings?
- What are the barriers?
- Are there any specific situations when process recording might be helpful?



The Pennsylvania Child Welfare Resource Center

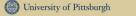
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 28 of 47



SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



Reflective Supervision Results in:

Social Work

- Decreased incidence of burnout;
- Staff retention;
- Increased hope for families;
- Increased permanent placements for children;
- Increases self-awareness of worker;
- Increase in learning;
- Increased empathy for clients;
- Workers use the same skills with clients (parallel process).

(Turner, 2009.; National Council on Delinquency, 2006, www.

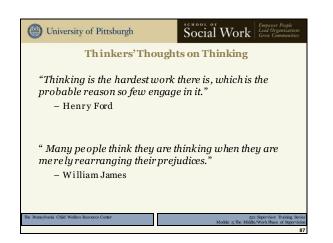
University of Pittsburgh

Critical Thinking Defined

Social Work

Seeing both sides of an issue, being open to new ev idence that disconfirms your ideas, reasoning dispassionately, dem anding that claims be backed by evidence, deducing and inferring conclusions based on available facts (and) solving problems.

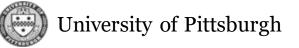
(Willingham, 2008).	
he Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision
	86



5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

The Pennsylvania Child Welfare Resource Center

Handout #1, 29 of 47



SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center

University of Pittsburgh

Tasks of Critical Thinkers

Social Work Great

- $\ensuremath{\mathsf{Provide}}$ a clear focus on the question or problem
- In crease self-awareness and the recognition of cognitive biases
- + $\operatorname{Judge} \operatorname{thecredibility}$ of sources of information
- An alyze and evaluate information
- For mu late well-reason ed conclusion s and decisions

• Communicate clearly and thoughtfully (University of Pittsburgh, 2011)

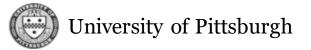
O University of Pittsburgh	School of Social Work Empower People Lead Organizations Grow Communities	
Three Ways to Use the G	uide	
Worker need		
• Department/unitfocu	is area	
Supervisory skill deve	lopment	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series	
	Module 3: The Middle/Work Phase of Supervision 89	

O University of Pittsburgh	Social Work Empower People Social Work Grew Communities
Child/Youth and Family	Practice Performance
Status Indicators • Safety: Exposure to Threats of Harm • Safety: Risk to Self/Others • Stability • Living Arrangement • Permanency • Physical Health • Emotional Well-Being • Early Learning and Development • Academic Status • Pathway to Independence • Parent or Caregiver Functioning	Indicators Engagement Efforts Role & Voice Teaming Cultural Awareness & Responsiveness Assessment & Understanding Long-Term View Child/Youth & Family Planning Process Planning for Transitions & Life Adjustments Efforts to Timely Permanence Intervention Adequacy & Resource Availability Maintaining Family Relationships
The Pennsylvania Child Welfare Resource Center	Tracking & Adjusting 521: Supervisor Training Series Module % The Middle/Work Plase of Supervision

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 30 of 47



SCHOOL OF	
Social	Work

The Pennsylvania Child Welfare Resource Center

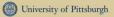
9	University o	f Pittsburgh
---	--------------	--------------

In corporating Critical Thinking into Supervision

Social Work

- What value would it be to use the Supervisor's Guide, Quick Tool, and Safety Assessment Quality Assurance Toolkit during supervision?
- Do you think that case decisions might look different if these tools were used regularly?
- How do you think using these tools in supervision could help a child welf are professional become more confident? Competent?
- What do you as a supervisor need to be able to incorporate the use of these tools into your supervisory conferences?

521: Supervisor Training Module 3: The Middle/Work Phase of Supe

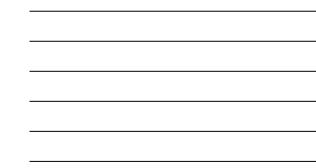


Social Work

Educational Supervision

Educational Supervision focuses on educating workers in order to attain more **competent** and **confident** workers. This type of supervision emphasizes the development and/or enhancement of the child welfare professional's **knowledge** and **skills**.

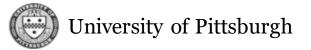
O University of Pittsburgh	Social Work Empower People Lead Organizations Grav Communities	
The Mid-Wi	fe Teacher	
 Describe the approate teacher would use the knowledge. 		
• How would the student experience learning from a mid-wife teacher?		
the Pennylvania Child Wellare Resource Center	511: Supervice: Training Series Model: g: The Middle/Work Pinse of Supervice 93	



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 31 of 47



SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

O University of Pittsburgh

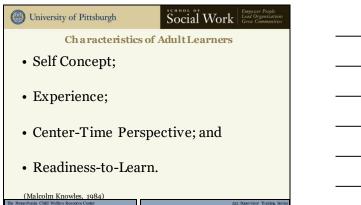
Social Work Grow Co

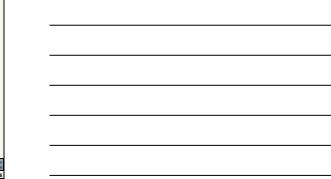
Connected Teaching

- **Content:** what is being discussed in order to achieve the group's goals.
- **Process:** the sequence of group members' actions that take place over time and are aimed at achieving the group's goal.

The Pennsylvania Child Welfare Resource Center

University of Pittsburgh	Social Work Empower People Leid Organizations Grow Communities
Connect	ed Learning
• Professional/P	ersonal
• Subjective/Ob	jective
• Content/Proce	SS
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series

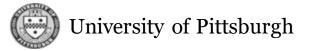




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 32 of 47





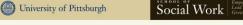
The Pennsylvania Child Welfare Resource Center

University of Pittsburgh

Group Instructions

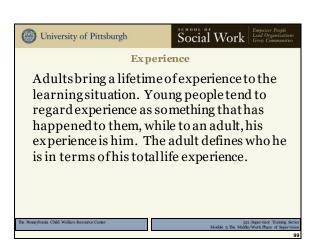
Social Work

- Discuss your assigned characteristic of an adult learner. (Instructional implications and the role of the supervisor in teaching to this a dult learner characteristic.
- Decide how you wish to "teach" your adult learner coll eagues what you discovered during your discussions. (Con sider the implications you identified as you decide how to "teach".)
- Each group will have about 5 minutes to "teach" your a dult colleagues.



Self Concept

The adult learner sees herself as capable of self-direction and desires others to see her the same way. In fact, one definition of maturity is the capacity to be self-directing.

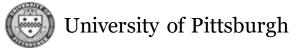




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 33 of 47



🛞 University of Pittsburg	ourgł	of Pitts	University	0
---------------------------	-------	----------	------------	---

Social Work

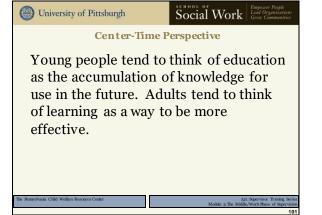
Readiness-to-Learn

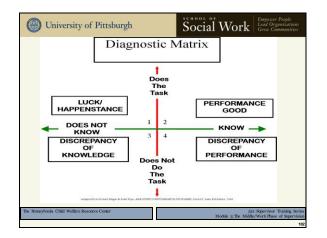
Adult developmental tasks increasingly move toward occupational role competence and away from the more physical developmental tasks of childhood.

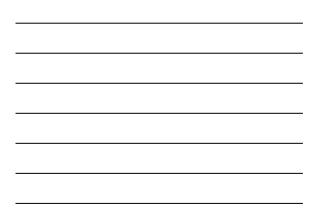


Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



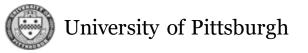




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 34 of 47





The Pennsylvania Child Welfare Resource Center

University of Pittsburgh	Social Work Empower People Lead Organizations Grave Communities
Learnin	ngStyles
• Active	• Reflector
• Sensing	• Intuitive
• Visual	• Verbal
• Sequential	• Global
(Felder & Soloman, 1991) The PennyVaria Child Welfare Resource Center	521: Sepervisor Training Series Modale 3: The Middle/Work Phase of Supervision 102

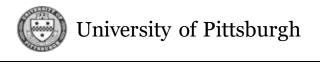
O University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
LearningStyl	e Inventory
http://www.engr.ncsu.edu/le	arningstyles/ilsweb.html.
The Pennsylvania Child Welfare Resource Center	521: Sapervisor Training Series Modale 3: The Midde/Work Plase of Supervisor 104



The Pennsylvania Child Welfare Resource Center

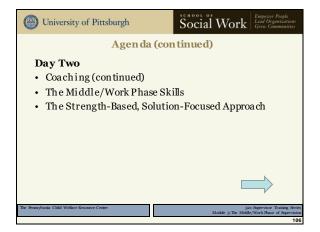
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 35 of 47



SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center



University of Pittsburgh	Social Work	Lead Organizations Grow Communities
Agen da (cor	tinued)	
 Day Three Reflective Supervision Supporting Critical Thinking The Teacher and Learner 	g	
The Pennybunia Child Welfare Resource Center		: Supervisor Training Series (Work Buase of Supervisor 107

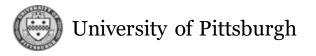
SCHOOL OF

University of Pittsburgh Social Work
Agen da (con tinued)
 Day Four Putting it All Together Transfer of Learning Introduction to Foundations of Child Welfare Practice Performance Evaluations Transferring of Learning and Evaluation
emaybraria Child Welfare Resource Center 521: Supervisor Training Series Module 3: The Middle/Work Plane of Supervision 108

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 36 of 47



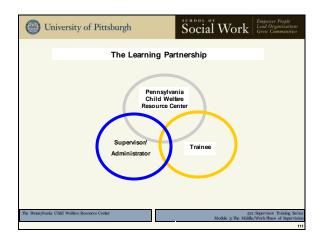
SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



- Strength-Based, Solution -Focused Supervision;
- Reflective supervision;
- Critical thinking;
- Teacher/Learner strategies.

O University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities
What is Transf	er of Learning?
0	he effective and ION, by trainees to their IGE and SKILLS gained
Broad and Newstrom (1992)	
The Penneylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 110

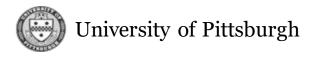




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 37 of 47



🛞 University of Pittsburgh

Social Work Empower P. Lead Organ

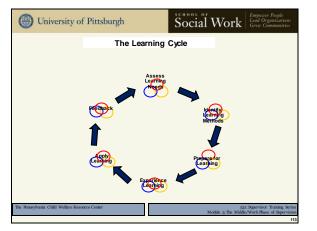
Assumptions about Training

- Training is the responsibility of the organization;
- Training is a management intervention; and
- Training is an investment.



Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center



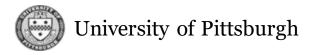
University of Pittsburgh	Social Work Empower People Grow Communities	
Driving and Re	estraining Forces	
• Driving forces enhance or increase the likelihood of transfer occurring.		
• Restraining forces inhibit or decrease the likelihood that transfer will occur.		
(Lewin, 1951).		
e Pernsylvaria Child Welfare Resource Center	521: Spervisor Training Seri	



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 38 of 47



SCHOOLOF	
Social	Work

The Pennsylvania Child Welfare Resource Center



Factors that can Deter/Prevent the Transfer of Learning

- Lack of preparation to attend training;
- Lack of attention to transfer during training
- Lack of follow-up after the training; and
- Organizational barriers.

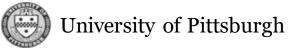
O University of Pittsburgh	Social Work Empower Prople Lead Organizations Graw Communities	
The Supervisor Facilitate Learning by:	esTransfer of	
• <u>properly assessing</u> each new worker's learning needs;		
• preparing the worker to attend training; and		
 <u>supporting</u> the worker's application of newly acquired skills on the job after training. 		
The Pennsylvania Child Welfare Resource Center	ga: Supervisor Training Series Module 3: The Middle/Work Planse of Supervision 116	

University	of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
	Levelsof Co	ompetence	
• Uncor	nscious in compete	ence	
• Consc	ious incompetenc	e	
• Consc	ious com petence		
• Uncor	nscious competen	ce	
• Consc	ious unconscious	competence	
(Curry, 1991)		
The Pennsylvania Child Welfare	Resource Center		t: Supervisor Training Series e/Work Phase of Supervision 117

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 39 of 47



0	University of Pittsburgh
---	--------------------------

Social Work

"Results Dip"

A temporary drop in performance and efficiency when people try to transfer new knowledge and skills to behaviors in the workplace. This phenomenon is virtually universal and often occurs within the first 30 days.

(Rackham, 1979)

O University of Pittsburgh	Social Work Empower People Leid Organizations Graw Communities	
What Transfer of Learning Support Does the Resource Center Offer?		
Structured, deliberate steps of activities or resources intended to help participants make the connections from theoretical concept and associated skill to integrating that concept into practice. It is comprised of a planned series of steps or activities that continue outside the learning event.		
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Plase of Supervision 119	

O University of Pittsburgh	Social Work Empower People Lead Organizations Grave Communities
Whatisa	TOL Package?
What is a TOL Package? A set of steps/activities built around an identified curriculum designed to enhance the application of knowledge or skills learned from a training.	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 120

The Pennsylvania Child Welfare Resource Center

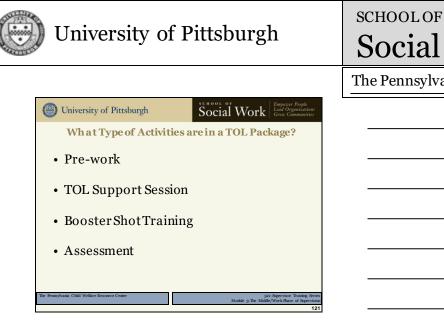
5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

The Pennsylvania Child Welfare Resource Center

Empower People

Lead Organizations Social Work Grow Communities

SCHOOL OF





The Pennsylvania Child Welfare Resource Center



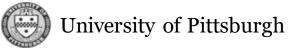
🛞 University of Pittsburgh	Social Work	
A Com parison		
CHARTING THE COURSE	FOUNDATIONS	
Same		
Modules are taken in order	Modulesare taken in order	
	N N	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 123	



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 41 of 47

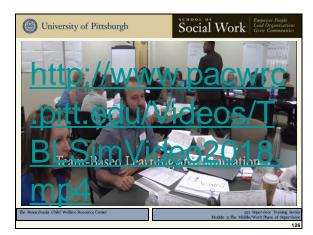


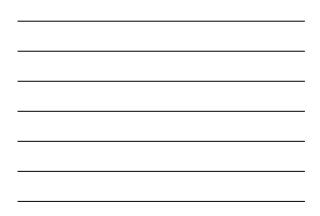


The Pennsylvania Child Welfare Resource Center

🛞 University of Pittsburgh	Social Work Empower People Lead Organizations Grow Communities	
A Comparison		
CHARTING THE COURSE	FOUNDATIONS	
Different		
Cohort groups	Non-cohort groups	
9 Interactional Helping Skills	Engagement Skills	
126 training hours and CEs	123 hours and CEs	
(120 in-person and 6 online	(40 online, 72 in-person, and	
TOL hours)	11 fieldworkhours)	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision 124	

O University of Pittsburgh	Social Work
A Com paris	son (continued)
CHARTING THE COURSE	FOUNDATIONS
Di	fferent
Pre and Post Work (TOL Module) online	Prerequisites and Fieldwork
Awareness and knowledge-based with some comprehension and skill practice throughout	Awareness, knowledge and comprehension in prerequisite. Application of skills during in-class and fieldwork
In-class modules: Lecture and group activities	In-class modules: Team-Based Learning ™ and Simulation
Delivery options: Academy, Cluster, and Traditional Style- completed anywhere from 1- 8 months	Completed in 3-4 months
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision
	125

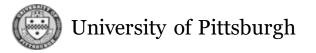




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 42 of 47



0	University	of	Pittsburg	1
---	------------	----	-----------	---

Social Work Empower Lead Orgu

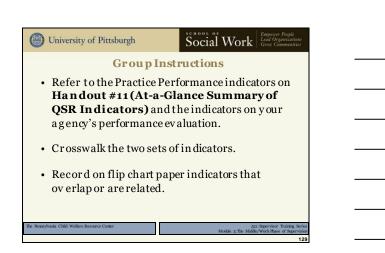
The Mission of Child Welfare

Safety, timely permanence, and well-being for the children in Pennsylvania.

SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

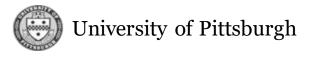
🛞 University of Pittsburgh	Social Work	Empower People Lead Organizations Grow Communities
Three Questions to Cons Evaluation	ider During	
 Have you done what you we those skills? (Implementation) 	11	to master
 Have you improved throug Review) 	h those efforts? (In	npact
– What lessons have you lear have worked towards impre Lear ned)	~	2



The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 43 of 47





The Pennsylvania Child Welfare Resource Center



Steps in the Performance Evaluation Process

Social Work

- Preparation for the meeting
- The meeting
- Action planning
- Follow-up

University of Pittsburgh	School of Empower People Social Work Engloyee Communities	
Preparation for • Explain the purpose of the performance review proc	ne em ploy ee	
• Help the employee recognize the importance of continually growing as a professional;		
• Explain the flow of the process; and		
• Help the employee conne m ission, vision, and valu	0 1	

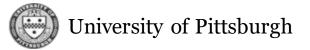
O University of Pittsburgh	Social Work Empower People Lead Organizations Graw Communities
Preparation for the M	eeting (continued)
• Ask the employee to come to considered:	the review having
 where they are currently as 	a professional;
 where they would like to see 	e themselves;
 w hat they are currently doin place that is helping them to state; 	ng or what is currently in o achieve their desired future
 w hat barriers are in place their desired future state; and 	1 0
 what they need in the futur 	e to help them achieve their
desi r ed future state.	
The Pennsylvania Child Welfare Resource Center	521: Supervisor Training Series Models & The Middle Work Bases of Supervision

132

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 44 of 47



SCHOOL OF	
Social	Work

The Pennsylvania Child Welfare Resource Center

f Pittsburgh

Preparation for the Meeting (continued)

Social Work

- Consider providing the employee with a blank performance evaluation form and ask them to complete it prior to the meeting.
- Ask the employee to review their job description prior to the meeting.

	SCHOOL OF	En
University of Pittsburgh	Social Work	Les Gr

Preparing Yourself for the Meeting

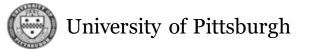
- Know and "own" your agency's mission, vision, and values.
- Consider how you will get your employee invested in the mission, vision, and values of your agency.

Conversity of Pittsburgh Conversity of Pittsburgh Conversity of Pittsburgh Conversity of Pittsburgh Preparing Yourself for the Meeting (continued) • Completing the performance evaluation form: • Collect data; • Review notes from the rating period; • Review measures to see if employee reached or surpassed goals set for rating period; • Focus on behaviors not attitudes; • Consider the impact of performance on the agency; and • Prepare thoroughly for the discussion of goals with your employees.			
 Com pleting the performance evaluation form: Collect data; Review notes from the rating period; Review measures to see if employee reached or surpassed goals set for rating period; Focus on behaviors not attitudes; Consider the impact of performance on the agency; and Prepare thoroughly for the discussion of goals with your 			Lead Organizations
 Collect data; Review notes from the rating period; Review measures to see if employee reached or surpassed goals set for rating period; Focus on behaviors not attitudes; Consider the impact of performance on the agency; and Prepare thoroughly for the discussion of goals with your 	Preparing Yourself for the M	Meeting (conti	nued)
 Review notes from the rating period; Review measures to see if employee reached or surpassed goals set for rating period; Focus on behaviors not attitudes; Consider the impact of performance on the agency; and Prepare thoroughly for the discussion of goals with your 	• Completing the performance e	evaluation form	:
 Review measures to see if employee reached or surpassed goals set for rating period; Focus on behaviors not attitudes; Consider the impact of performance on the agency; and Prepare thoroughly for the discussion of goals with your 	– Collect data;		
surpassed goals set for rating period; – Focus on behaviors not attitudes; – Consider the impact of performance on the agency; and – Prepare thoroughly for the discussion of goals with your	– Review notes from the rating	period;	
 Consider the impact of performance on the agency; and Prepare thoroughly for the discussion of goals with your 	1		ſ
– Prepare thoroughly for the discussion of goals with your	– Focus on behaviors not attitud	des;	
	– Consider the impact of perfor	mance on the age	ency; and
		scussion of goals	with your
The Pennsylvania Child Welfare Resource Center gat: Supervisor Training Seri Module 3: The Middle/Work Phase of Supervisi	The Pennsylvania Child Welfare Resource Center		

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 45 of 47



SCHOOLOF Social Work

The Pennsylvania Child Welfare Resource Center

Empower People Lead Organizations Grow Communities

University of Pittsburgh
 Social Work

Conducting the Meeting

- Revisit any outstanding item s/issues:
- Ask the employee to share.
- Rev iew your completed version of the evaluation form with the employ ee and share the goals that y ou have identified for the employ ee.
- Comparenotes and solidify goals and next steps.

 Output
 School of Social Work
 Empare Pople Led Organization

 Potential Responses to Identified Goals

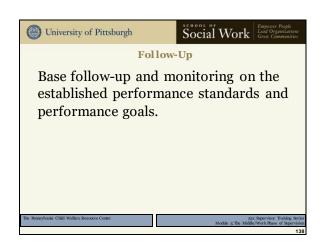
Rej	jection	

Acceptance

Commitment

Buy-in

2

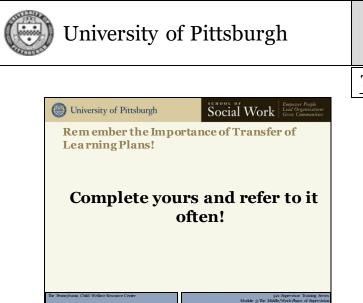




The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 46 of 47



SCHOOLOF Social Work Empower People Lead Organizations Grow Communities

The Pennsylvania Child Welfare Resource Center

The Pennsylvania Child Welfare Resource Center

5 21: Supervisor Training Series Module 3: The Middle/Work Phase of Supervision

Handout #1, 47 of 47